



With Amwell, you can have a virtual doctor's visit from your smartphone or computer – right when you need it.

See a doctor from the comfort of your own home – or anywhere else for that matter. Safe and secure, it's the quality care you need, made easier.

## What is Telemedicine?

Telemedicine is an **alternative to in-person visits**. It allows health care professionals to evaluate, diagnose and treat patients at a distance via secure video/audio connections.

With Blue Cross and Blue Shield of Kansas coverage, you can **visit live with a doctor** on your computer or mobile device when it's **convenient for you**.

## Patient benefits:

- » Less time away from work
- » No travel expenses or time
- » Easier if you have a child or elder in your care
- » Privacy
- » No exposure to other potentially contagious patients

#### When can I use it?

Consult a doctor for common conditions like:

- » Cold/Flu
- » Fever
- » Rash
- » Sinus infection
- » Pink eye
- » Ear infection



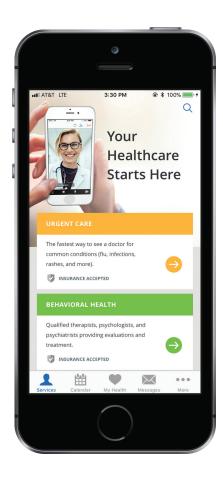


## Behavioral health services

Licensed therapists can provide advice and counseling for depression, anxiety, stress, relationship issues and more. Private and secure appointments are available seven days a week, 6:00 a.m. to 10:00 p.m. CST.

## Can my family use Telemedicine?

Yes, if your spouse and/or children are covered under your Blue Cross plan.



## Three ways to register:

1. Download the Amwell app on any mobile device.





- 2. Visit bcbsks.com/telemed
- 3. Call toll-free 844-733-3627

# Consult with a doctor by computer, tablet or phone

- » Affordable, easy and convenient available 24/7/365
- » A choice of trusted, U.S. board-certified doctors and therapists
- » Prescriptions as needed
- » Easy payment: credit, debit or HSA/FSA cards accepted
- » Patient records accessible

## How much does it cost?

The out-of-pocket cost of an Amwell doctor or therapist visit depends on your plan type. Doctor visits using Amwell are \$10 for Plan A members. For Plan C, Q, N and J members, the cost per visit is \$49 per consultation.



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